



MIST SPA AT THE NORTHCLIFF LUXURY MASSAGES

SWEDISH FULL BODY

A gentle deep tissue massage to relax the body and mind, stimulate lymph drainage and relieve muscle tension specifically in lower back, neck, and shoulders.

60 MIN | R750PP

AROMA THERAPY

Added to full body massage, aroma oils reduce stress and anxiety, relieve headaches, and improve the quality of sleep.

60 MIN | R780PP

BACK & NECK

Deep tissue massage improves blood circulation and aids in the recovery of muscle tension and pains.

45 MIN | R550PP

HOT STONE BACK & NECK

Helps to relax and ease tense muscles. Improves blood circulation and aids in the recovery of muscle strain and pains.

45 MIN | R650PP

HOT STONE FULL BODY

Helps to relax and eases tense muscles and damaged soft tissue. Relieves muscle tension and pain throughout the body.

60 MIN | R850PP

MODERN THAI MASSAGE

You get the best of both worlds, eastern and western technique. The full body treatment will welcome a feeling of deep inner calm. The treatment incorporates stretch and pressure points over the entire body, releasing blocked energy, awareness and well being.

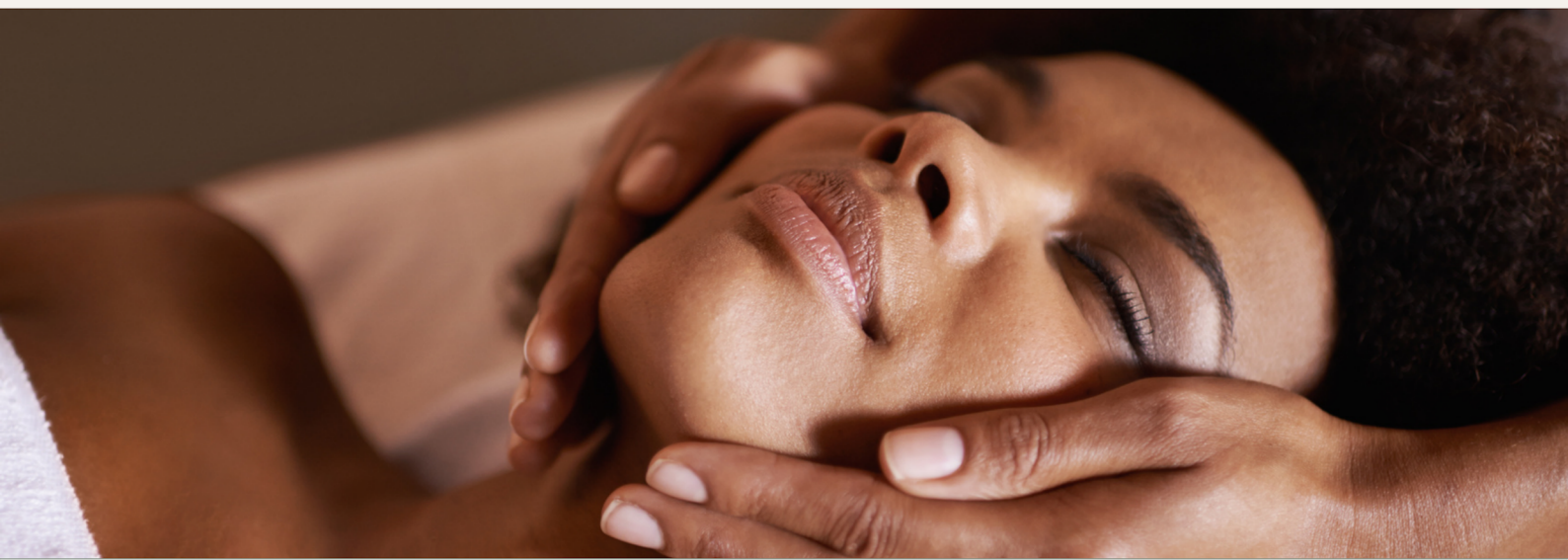
60 MIN | R900PP



MIST SPA AT THE NORTHCLIFF FACIALS

The Northcliff Spa proudly supports Comfort Zone products. Imported from Italy, Comfort Zone is a leader in the international spa and wellness industry. Comfort Zone is enhanced by 25 years of professional expertise to produce a true and tried product that is clinically proven effective and environmentally sustainable. The formulas selected are natural and 100% certified plastic neutral. It is safe and effective for any skin type and easy to implement.

Our skin lives in a dynamic equilibrium. Our professionally trained therapists will analyse your skin and offer a transformational unique experience and treatment for your skin to improve the skin's resilience and capacity to stay young.





MIST SPA AT THE NORTHCLIFF FACIALS

JOY OF BEAUTY FACIALS

After analysing your skin, our therapist will recommend either the Active pureness, the Hydramemory or the Remedy products for your skin type to produce the best benefit for your skin type.

60 MIN | R750PP

SUBLIME SKIN DELUXE LIFT

A treatment which resurfaces, redensifies and lifts whilst stimulating epidermal cellular renewal. Combined with the exclusive lifting, plumping Kobido techniques, it stimulates cellular regeneration, bestows fullness and redefines the volume of the face.

The efficiency is due to double peeling combined with Vitamin C and an innovative biphasic peel-off mask. Recommended for mature, thickened uneven skin tone (dyschromia), wrinkles and visible loss of tone and volume.

75 MIN | R1050PP



MIST SPA AT THE NORTHCLIFF HANDS AND FEET

CLASSIC MANICURE OR PEDICURE

Pamper yourself with our full hand or foot treatments. Our manicures and pedicures are a complete treatment to exfoliate and regenerate.

The hand or foot massage will relax, slows down wrinkling and increase blood flow.

CLASSIC MANICURE WITH POLISH	R450
CLASSIC MANICURE WITH GELISH	R550
CLASSIC PEDICURE WITH POLISH	R500
CLASSIC PEDICURE WITH GELISH	R600

FULL GELISH MANICURE OR PEDICURE

Indulge in a gelish manicure or pedicure. It offers a full hand or foot treatment but has the added advantage of gelish finish which looks natural, dries very fast, lasts up to 3 weeks and gives added protection to your nails.

60 MIN | R550PP

EXPRESS MANICURE OR PEDICURE

Quick and easy way to keep up good hands and feet overall health and finished look.

EXPRESS MANICURE WITH POLISH	R300
EXPRESS MANICURE WITH GELISH	R350
EXPRESS PEDICURE WITH POLISH	R400
EXPRESS PEDICURE WITH GELISH	R450

SOAK OFF

30 MIN | R150PP



MIST SPA AT THE NORTHCLIFF PACKAGES

LIFT ME UP | R1090PP

Includes a spa lunch.

EXPRESS BACK AND NECK	30 MIN
EXPRESS MANICURE	30 MIN
EXPRESS PEDICURE	30 MIN

HARMONY HALF DAY | R1900

Welcome bubbly and spa lunch. (Optional harmony half day with a stay over & breakfast - R2875pp sharing).

FULL BODY MASSAGE	60 MIN
CLASSIC FACIAL	60 MIN
CLASSIC MANI OR PEDI	60 MIN

GENTLEMAN'S TREAT | R1100

FULL BODY MASSAGE	60 MIN
EXPRESS MANICURE	30 MIN
EXPRESS PEDICURE	30 MIN



MIST SPA AT THE NORTHCLIFF

PACKAGES

GROUP PACKAGE | R750PP

Choose 2 treatments. Minimum 4 guests.

EXPRESS BACK AND NECK	30 MIN
EXPRESS MANICURE	30 MIN
EXPRESS PEDICURE	30 MIN

FULL DAY TOGETHER | R2900PP

Welcome bubbly and spa lunch. 09h00 - 16h00.

FULL BODY SCRUB	45 MIN
FULL BODY MASSAGE	60 MIN
JOY OF BEAUTY FACIAL	60 MIN
CLASSIC MANICURE	60 MIN
CLASSIC PEDICURE	60 MIN

BOOK NOW

RESERVATIONS@THENORTHCLIFF.COM

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